

COVID-19 Risk Assessment Use of the Fairway Track, Sandown by Ryde Harriers

Activity or area covered in the risk assessment:	Coronavirus (COVID-19): Risk assessment for reopening
Who will be affected by the activity?:	Coaches, other volunteers, athletes and members of the public
Assessors name:	Rowland Sillito (committee member)
Assessment date:	July 2020
Review Date	July 2021 – or sooner if there are significant changes to government guidance

NOTE: GOVERNMENT GUIDANCE AND ENGLISH ATHLETICS ADVICE will be followed at all times

Steps to Risk Assessment	
Identify the hazards	
Hazard:	A Hazard is something that can cause harm.
Evaluate the risk	
What harm could be caused?	What harm could come from the hazard. Such as; bruises, abrasions, head injury, minor/ major injury or fatality.
How likely is the risk to occur (High, Medium or Low)?	What is the probability the incident will occur? Low, medium or high probability.
Who might be harmed?	Who will be affected by the activity?
Decide what precautions to put in place	
What are we putting in place? (Control measures)?	The control measures that will be in place before the track reopens.
Further actions required?	Further actions we need to do to achieve an acceptable level of safety.
Remaining Risk Level (High, Medium or Low)?	What is the remaining probability of the risk occurring after all the control measures are applied? Low, medium or high probability. If a significant risk level remains, further assessment or control measures may be required.
Implement your findings	
Action by whom and when?	Nominated person to complete the action/s and the date they will achieve this by.

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Cleaning and Hygiene	Transmission of Covid 19 resulting in potential serious injury or death	M/H	<p>Anyone using the track and anyone in their households</p> <p>Higher risk to older people, generally coaches, but some athletes.</p>	<ul style="list-style-type: none"> • Keyholder only person to open gates (leave unlocked but not obviously open) - use disposable cloths to wipe at end of session • All persons to thoroughly wash hands before coming to track (code of conduct) • All persons accessing track to bring own alcohol-based hand sanitiser • Use of IWAC porta-loo 	<ul style="list-style-type: none"> • List of keyholders - • Purchase stock of wipes, bin bags etc • Code of Conduct to be written and agreed • Communicate to attending athletes • Checked and cleaned at the end of each session 	L	<p>RS</p> <p>RS</p> <p>RS</p> <p>All coaches/leaders</p> <p>Designated adults</p>

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				<ul style="list-style-type: none"> • All persons accessing track to wash clothes after track session (code of conduct) • Double bags used for all 'catch it, bin it, kill it' • Any person displaying / experiencing known symptoms must not attend and isolate at home as per government guidelines (code of conduct) 	<ul style="list-style-type: none"> • Communicate to attending athletes • Purchase lidded bin and bags. Dispose of as per gov't guidelines • Communicate to attending athletes 		<p>RS</p> <p>All Coaches/leaders</p>

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				<ul style="list-style-type: none"> Each person attending track to bring own kit bag - placed >2m apart - bring minimal physical items into track area Regular verbal reminders of social distancing rules during each session No use of any club buildings 	<ul style="list-style-type: none"> Communicate to attending athletes. 		<p>All coaches /leaders</p> <p>All coaches /leaders</p>
Movement into	Transmission of Covid	H	Anyone using the	<ul style="list-style-type: none"> No use of any club buildings Small groups in designated areas – social distancing observed as prescribed by HM Gov't / EA 	<ul style="list-style-type: none"> Identify athletes to return in phase 1 Map of site drawn and entry / exit points marked - share with all athletes 	L	<p>Coach/leaders</p> <p>RS & GW</p>

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				<ul style="list-style-type: none"> Staggered start and finish times if two groups access track at same time - no more than 2 groups at any session Designated entrance and exit points in the eastern car park. Once through these main gates a one way system to be employed using the gate on the back straight X1 bag per athlete - placed >2m apart - outside of bag wiped before and after session (code of conduct) 	<ul style="list-style-type: none"> Protocols for all discipline re use of equipment, spacing on track etc Taped off area and arrows to be placed to make it clear how to enter and leave the track. Communicate to attending athletes. 		<p>All coaches /leaders</p> <p>RS & GW</p> <p>All coaches /leaders</p>

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First Aid	Transmission of Covid 19 resulting in potential serious injury or death	H	Anyone using the track and anyone in their households	<ul style="list-style-type: none"> Designated first aider for each session . First aid kits available for each session. 	<ul style="list-style-type: none"> Source PPE for emergency use 	M / L	RS
Existing medical conditions	Transmission of Covid 19 resulting in potential serious injury or death	H	Athletes and volunteers with co-morbids identified to be more at risk.	<ul style="list-style-type: none"> Follow government guidelines 	<ul style="list-style-type: none"> Code of Conduct to be written and agreed 	M/L	RS 28/07/20
Inappropriate behaviors	Transmission of Covid 19 resulting in potential serious injury or death	H	Anyone using the track and anyone in their households	<ul style="list-style-type: none"> Code of conduct to detail expectations of behaviors expected in order to maintain social distancing and other measures employed to keep everyone safe. All volunteers know how to report concerns 	<ul style="list-style-type: none"> Code of Conduct to be written and agreed 	L	RS 28/07/20

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Inappropriate behaviours	Transmission of Covid 19 resulting in potential serious injury or death	H	Anyone using the track and anyone in their households	<ul style="list-style-type: none"> Code of conduct to detail expectations of behaviours expected in order to maintain social distancing and other measures employed to keep everyone safe. 	<ul style="list-style-type: none"> Code of Conduct to be written and agreed 	L	RS 28/07/20
Failing to communicate changes to volunteers and athletes	Transmission of Covid 19 resulting in potential serious injury or death	H	Anyone using the track and anyone in their households	<ul style="list-style-type: none"> Risk assessment, track timetable, safety arrangements and code of conduct shared with all athletes before returning to the track Athletes sign agreement/ code of conduct before returning to the track 	<ul style="list-style-type: none"> Risk assessment to be agreed by committee Code of Conduct to be written and agreed Regular updates on website / via email 	L	RS 28/07/20 RS 28/07/20 GM RS/ GW

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				<ul style="list-style-type: none"> Ensure that short-term strategy (selected athlete criteria) and longer-term objective (phased return of full club timetable) is fully communicated to all club members Share all plans and precautionary measures with club members via website / email <p>Set up 'Whats APP' group for committee and any volunteers accessing the track to ensure sharing of information</p>			<p>RS /GW 17/08/20</p> <p>RS/GM</p> <p>RS/GW 17/08/20</p>

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Volunteer and athlete wellbeing and mental health	People experiencing mental health issues, either new or exacerbating existing one	M	Volunteers and athletes	<ul style="list-style-type: none"> On-going communication Signposting to appropriate agencies Share all plans and precautionary measures with club members via website / email 		L	RS/GW/GM RS/GM

Action Plan

RS = Rowland Sillito

GW = Geoff Watkin

GM = Graham Maitland

All Coaches/Leaders are Geoff Watkin, Ken Beak, Juliette Chan, Nigel Eldridge, Samantha Fancourt, Joy Furmidge, Bryan Jones, Stephen Lee, Trevor Mcalister, Richard Melville, Rodger Merry, Elaine Parry, Natalie Rose, Keith Ruth, Rowland Sillito, Carolyn Ward & Jodie Wilmott.