

**EDDIE LEAL & BRENDA LAWSON MEMORIAL
ISLE OF WIGHT FELL RUNNING SERIES 2019
INCORPORATING THE S.E.A.A. FELL RUNNING CHAMPIONSHIPS**

Under F.R.A. Rules

(Organised by Ventnor Fell Running Association in association with Ryde Harriers)



RYDE HARRIERS
RUNNING SINCE 1886



SATURDAY 14th AND SUNDAY 15th SEPTEMBER 2019

Race Details:

Race 1:	The St. Boniface Fell	Category AS	11.00am Saturday	3.8km/235m ascent.
Race 2:	The Ventnor Horseshoe	Category BM	3.00pm Saturday	12km/443m ascent.
Race 3:	The Wroxall Round	Category CL	10.30am Sunday	21km/487m ascent.

Venue: St. Catherines School, Grove Road, Ventnor, Isle of Wight, PO38 1TT (Grid Ref: SZ 562776)
Race registration and changing facilities. Start / Ventnor Esplanade, Finish / St Catherines School.

Awards: Male and Vets 40, 50, 60 and 70. Female and Vets 40, 50, 60 and 70 and Team (3 to count) awards for each race. Victor and Victrix Ludorum and Team (3 to count) awards over 3 race series.

Transport: There is a concessionary fare deal with WightLink ferries. Please include an acknowledgement e-mail or SAE for details.

Age Limits: In accordance with F.R.A. rules. "Race 1" 14 years, "Races 2 and 3" 18 years.

S.E.A.A.: Competitors must complete all three races to qualify for the S.E.A.A. Championship.

Fees: £8 each race, or £20 for all 3 races in series.
Cheques payable to VENTNOR FELL RUN CHAMPIONSHIP ASSOCIATION.

Closing Date: Pre-entry appreciated but entries accepted on the day.
Entries for the S.E.A.A. Championship **MUST BE RECEIVED** by 10th September.

Reply To: Chris Lewis, Domus, Belgrave Road, Ventnor, Isle of Wight, PO38 1JZ.
Please provide an S.A.E. or an e-mail address if you require acknowledgement.

Enquiries: General enquiries, race and course information
e-mail
website

Chris Lewis 01983 857339
races@rydeharriers.co.uk
www.rydeharriers.co.uk

Race Entry:

ISLE OF WIGHT FELL RUNNING SERIES 2019
SATURDAY 14th AND SUNDAY 15th SEPTEMBER 2019 (Closing date 10/9/2019)

Surname: _____ **Date of Birth:** _____

First Name: _____ **Sex (M/F):** _____

Address: _____ **Age on Race Day:** _____

(Minimum, 14yrs – Race 1, 18yrs - Races 2 & 3.)

e-mail: _____

Phone No: _____

Vehicle Registration: _____

CLUB NAME OR UNATTACHED: _____

Category (please tick):

SM MV40 MV50 MV60 MV70

SF FV40 FV50 FV60 FV70

Emergency Contact Name: _____ **Phone No:** _____

Please tick which race(s) you are entering:

St. Boniface Fell: **Wroxall Round:**

Ventnor Horseshoe: **All Three:**

S.E.A.A. Championship eligibility (please tick):

PLEASE NOTE S.E.A.A. CHAMPIONSHIP ENTRIES MUST BE RECEIVED BY 10th SEPT 2019.

Member of the F.R.A. born in, or a resident (9 months) of the S.E.A.A. area – FRA No.: _____

First claim member of an S.E.A.A. club affiliated to the FRA – Club Name: _____

I understand that this race is held in accordance, and that I have familiarised myself, with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the Organiser's information and requirements in connection with this race. I confirm that I have navigational skills appropriate for this race and will carry throughout the race any equipment specified either by the FRA Safety Requirements or by the organiser. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the Organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the Organiser accepts no liability to me for any loss or damage of any nature to me or my property arising out of my participation in this race.

"I also agree that Ryde Harriers may publish my Personal Information as part of the race pre-entry list and results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, gender and age category. "

Signed: _____ Parent/Guardian if under 18

Date: _____