

THE BRADING 10 Km ROAD RACE 2019

SUNDAY 23rd JUNE 2019 AT 11.00 AM



RYDE HARRIERS
RUNNING SINCE 1886



WIGHTLINK
PART OF ISLAND LIFE

UNDER UK ATHLETICS RULES – UKA Licence No: 2019-36363

MEDAL AWARDED TO ALL FINISHERS

**PLEASE NOTE - FOR SAFETY REASONS THE USE OF HEADPHONES IS NOT PERMITTED
CHIP TIMING**

Venue Smallbrook Stadium, Ryde, Isle of Wight, PO33 4BH. Grid Reference SZ 591904.
Course One lap, undulating, scenic. UK Athletics Course Accuracy Certificate 18/303.
Awards Women Overall and 10 year vet categories. Teams of 3.
Men Overall and 10 year vet categories. Teams of 3.
Numbers NOT SENT OUT IN ADVANCE, to be collected from Registration on Race Day.
Travelling Suitable transport from Portsmouth and Southsea are the Wightlink Catamaran and Hovertravel Southsea/Ryde Hovercraft. Times should be confirmed by phoning Wightlink on 0333 999 7333 or Hovertravel on 01983 811000 or see the Travel Links on the Ryde Harriers web-site. No transport is provided to the venue from Ryde, the most direct route to walk is Union Street, High Street, Swanmore Road, then turn left into Ashley Road and onto Smallbrook Stadium, details sent with acknowledgement.

Fees £14 UK ATHLETICS affiliated club member, £17 unattached runners.
Cheques payable to RYDE HARRIERS.

Closing Date 17th June 2018 ENTRY ON THE DAY PLUS £3.

Reply To Race Secretary (BR10K), 2A Grenville Drive, Ryde, Isle of Wight, PO33 3JN.
Please provide an e-mail address if you require acknowledgement of entry.

Enquiries Telephone Chris Lewis on 01983 857339 (Evenings).
e-mail races@rydeharriers.co.uk
website www.rydeharriers.co.uk

Detach here

PLEASE ENTER ME FOR THE BRADING 10Km ROAD RACE 2019

Surname: _____

Date of Birth: _____

First Name: _____

Sex (M/F) _____

Address. _____

Age on Race Day _____
(Minimum 15 years)

UKA Registration No: _____

_____ **Post Code:** _____

Phone No: _____

Note: Without a UKA Number your entry is considered UNATTACHED.

e-mail: _____

You must be a member of a club affiliated to UKA and also be Individually Affiliated to count for your club in the Open Team Competition.

CLUB (UK ATHLETICS AFFILIATED) or state UNATTACHED

"I declare that I will abide by the rules of UK Athletics and its agents. I confirm that I will not compete unless I am fit to do so. I take part in this event at my own risk and will not hold the organisers responsible for any injury, loss, damage, action, claim, costs or expenses that might arise as a result of my participation. I understand that entry fees will not be refunded if the event is cancelled on safety grounds or due to events beyond the organisers' control. I am aware that headphones or ear-pieces of ANY kind may NOT be worn for this event and WILL result in my disqualification."

"I also agree that Ryde Harriers may publish my Personal Information as part of the race pre-entry list and results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, gender and age category."

Signed: Parent or Guardian if aged under 18 yrs.

Date: _____