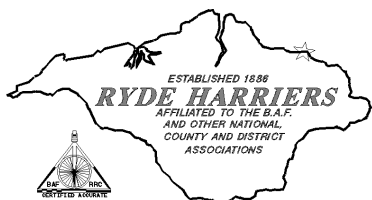


NEWPORT TO RYDE 7 MILES MULTI-TERRAIN RACE 2012

EASTER SATURDAY 07th APRIL 2012 AT 3.00 PM



UNDER UK ATHLETICS RULES – UKA Permit No: 2012-102967
RACE MEMENTO AWARDED TO ALL FINISHERS
PLEASE NOTE - FOR SAFETY REASONS THE USE OF HEADPHONES IS NOT PERMITTED

Start Newport Guildhall , Newport, Isle of Wight, Grid Ref SZ 502893 (Start).
Finish Ryde High School (shower facilities), Grid Ref SZ 584918 (Finish).
Course The course is undulating throughout and runs via Barton, New Fairlee Farm, Belmont Woods, Wootton Station, Fernhill to Lakeside, Firestone Copse Road, Newnham Lane, Bartons Corner and Dame Anthony's common to finish in the grounds of Ryde High School, Pell Lane, Ryde.
<http://www.mapmyrun.com/route/gb/newport%2c%20ryde%2c%20isle%20of%20wight/717129261272835401>

NOTE THAT THE COURSE HAS BEEN CHANGED TO A MULTI-TERRAIN

Awards

| | |
|--------------|---|
| Women | First three individuals. V35 1; V45 1; V55 1 |
| Men | First three individuals. V40 1, 2, 3; V50 1,2; V60 1; V70 1. |

Plus first Island male and female finishers.

Travelling Public transport is available from Ryde Bus Station to the start at Newport. Suitable crossings are, Wightlink Catamaran from Portsmouth Harbour at 12.45PM & 1.15PM, please check boat times before travelling. Times can be confirmed by phoning Wightlink on 0990 827744. Transport will return to Ryde with runners kit to the finish at Ryde High School immediately race commences. Please remember that this is the busy Easter Weekend and allow plenty of time for travel.

Registration Methodist Church Hall, Quay Street, Newport (behind the Guildhall).
NUMBERS ARE NOT SENT OUT IN ADVANCE. Issued on race day from 1.00pm to 2.45pm, at Registration.

Fees £8 UK ATHLETICS affiliated club member, £10 unattached runners.
Cheques payable to RYDE HARRIERS.

Closing Date Saturday 30th Mar (postal entries). ENTER ON THE DAY PLUS £3.

Reply To Race Secretary (NR), Ryde Harriers, PO Box 152,
Ryde, Isle of Wight, PO33 1BH.
Please include an S.A.E. if you require acknowledgement or provide an e-mail address.

Enquiries Phone Steve Lee on 01983 616497
e-mail races@rydeharriers.co.uk
website www.rydeharriers.co.uk

Detach here

PLEASE ENTER ME FOR THE NEWPORT TO RYDE MT RACE 2012 RYDE HARRIERS

Surname: _____ **Date of Birth:** _____
First Name: _____ **Sex (M/F)** _____
Address: _____ **Age on Race Day** _____
(Minimum 16yrs.)

Phone No: _____
e-mail _____ **UKA Registration No:** _____

CLUB (if affiliated to UK ATHLETICS) or UNATTACHED

I am medically fit and understand that I enter at my own risk and that the organisers shall not be held responsible for any accident, injury, loss or damage as a consequence of my participation in this event. I confirm that I am an amateur as defined by UK Athletics rules.

RYDE HARRIERS Signed: _____ **Date:** _____