

# EDDIE LEAL & BRENDA LAWSON MEMORIAL ISLE OF WIGHT FELL RUNNING SERIES 2010

INCORPORATING THE S.E.A.A. FELL RUNNING CHAMPIONSHIPS

Under F.R.A. Rules

(Organised by Ventnor Fell Running Association in association with Ryde Harriers)

SATURDAY 18th AND SUNDAY 19th SEPTEMBER 2010



Race 1: The St. Boniface Fell Category AS 11.00am Saturday 19th 3 miles - 775 feet ascent.  
Race 2: The Ventnor Horseshoe Category BM 3.00pm Saturday 19th 7 miles - 1500 feet ascent.  
Race 3: The Wroxall Round Category CL 10.30am Sunday 20th 13 miles - 1500 feet ascent.

Venue: Winter Gardens, Ventnor, Isle of Wight. Grid reference SZ 564774.

Race registration and changing facilities. Start / Ventnor Esplanade, Finish / Winter Gardens.

Awards: Male and Vets 40, 50, 60 and 70. Female and Vets 40, 50 and 60 and Team (3 to count) awards for each race. Victor and Victrix Ludorum and Team (3 to count) awards over 3 race series. B and subsequent teams to count.

Transport: There is a reduced fare WightLink ferry deal. Please include an acknowledgement SAE for details.

Age Limits: In accordance with F.R.A. rules. Race 1 14 years, races 2 and 3 18 years.

S.E.A.A.: Competitors must complete all three races to qualify for the S.E.A.A. Championship.

Fees: £5 each race, or £12 for all 3 races in series.  
Cheques payable to VENTNOR FELL RUN CHAMPIONSHIP ASSOCIATION.

Closing Date: Pre-entry appreciated but entries accepted on the day.  
Entries for the S.E.A.A. Championship MUST BE RECEIVED by 11th September.

Reply To: Race Secretary, Ryde Harriers, PO Box 152, RYDE, Isle of Wight, PO33 1BH.  
Please include an S.A.E. if you require acknowledgement or provide an e-mail address.

Enquiries: General enquiries, race and course information Chris Lewis 01983 857339  
Free Campsite at Ventnor Chris Lewis 01983 857339  
e-mail races@rydeharriers.co.uk  
website www.rydeharriers.co.uk

Detach here

## ISLE OF WIGHT FELL RUNNING SERIES 2010

Surname: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
First Name: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_  
Address: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_  
(Minimum, 14yrs – Race 1, 18yrs - Races 2 & 3.)  
Phone No: \_\_\_\_\_  
Day: \_\_\_\_\_  
Evening: \_\_\_\_\_  
e-mail: \_\_\_\_\_

CLUB NAME OR UNATTACHED: \_\_\_\_\_

Please tick which race(s) you are entering:

St. Boniface Fell: \_\_\_\_\_ Wroxall Round: \_\_\_\_\_

Ventnor Horseshoe: \_\_\_\_\_ All Three: \_\_\_\_\_

**S.E.A.A. Championship eligibility (please tick):**

PLEASE NOTE S.E.A.A. CHAMPIONSHIP ENTRIES MUST BE RECEIVED BY 12th SEPT.

Member of the F.R.A. born in, or a resident (9 months) of the S.E.A.A. area – FRA No.: \_\_\_\_\_

First claim member of an S.E.A.A. club affiliated to the FRA – Club Name: \_\_\_\_\_

Declaration: I understand that the race(s) is held in accordance with the rules and safety requirements of the F.R.A. I am aware of the organisers information and stipulations and I accept that any injury which I may incur during the course of the race(s) is in no way the responsibility of the race(s) organiser. I comply with the above mentioned age requirements for the races entered.

Signed: \_\_\_\_\_ Parent/Guardian if under 18 Date: \_\_\_\_\_