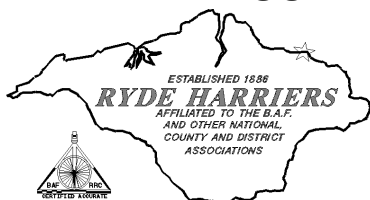


# THE BRADING 10 Km ROAD RACE 2012

SUNDAY 17th JUNE 2012 AT 11.00 AM



**UNDER UK ATHLETICS RULES – UKA Permit No: 2012-102964**  
**MEDAL AWARDED TO ALL FINISHERS**  
**PLEASE NOTE - FOR SAFETY REASONS THE USE OF HEADPHONES IS NOT PERMITTED**

**Venue** Smallbrook Stadium, Ryde, Isle of Wight. Grid Reference SZ 591904.  
**Course** One lap, undulating, scenic. SEAA Course Accuracy Certificate 08/016.  
**Records**

|     |  |                |     |   |                |
|-----|--|----------------|-----|---|----------------|
| SM  | Graham Payne (Southend A.C.)           | 0.29.31 (1984) | SW  | Pauline Shore (Burnham Joggers)           | 0.36.17 (1988) |
| M40 | D Fudge (Portsmouth A.C.)              | 0.32.01 (1985) | W35 | Michaela McCallum (Winchester & District) | 0.36.45 (2005) |
| M50 | Graham Tuck (Isle of Wight A.C.)       | 0.34.31 (2003) | W45 | Jan Ross (Winchester & District)          | 0.40.45 (2005) |
| M60 | W Davies (South West Vets A.C.)        | 0.39.20 (1991) | W55 | Madeline Goodman (West Wight R.R.)        | 0.48.42 (2003) |
| M70 | William Davies (Winchester & District) | 0.47.06 (2002) |     |   |                |

**Awards**

|              |  |
|--------------|--|
| <b>Women</b> | 1, 2, 3; V35 1, 2; V45 1, 2; V55 1.<br>Teams of three 1, 2, 3.                 |
| <b>Men</b>   | 1, 2, 3, 4; V40 1, 2, 3; V50 1, 2; V60 1, 2; V70 1.<br>Teams of three 1, 2, 3. |

**Numbers Travelling** To be collected from Registration on Race Day – not sent out in advance. Transport will be provided from Ryde, connecting with the Wightlink Catamaran 8.45am and 9.15am sailing's only, return fare £2.00, details sent with acknowledgement. In order that numbers may be estimated please indicate on entry if transport required.

**Fees** £8 UK ATHLETICS affiliated club member, £10 unattached runners. Cheques payable to RYDE HARRIERS.  
**Closing Date** Saturday 12th June (postal entries). ENTRY ON THE DAY PLUS £3.  
**Reply To** Race Secretary (BR10K), Ryde Harriers, PO Box 152, Ryde, Isle of Wight, PO33 1BH. Please include a S.A.E. if you require acknowledgement or provide e-mail address.  
**Enquiries** Telephone Alan Kent on 01983 568142 (Evenings).  
e-mail [paces@rydeharriers.co.uk](mailto:paces@rydeharriers.co.uk)  
website [www.rydeharriers.co.uk](http://www.rydeharriers.co.uk)

Detach here

PLEASE ENTER ME FOR THE BRADING 10 Km ROAD RACE 2012 RYDE HARRIERS

**Surname:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_  
**First Name:** \_\_\_\_\_ **Sex (M/F)** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **Age on Race Day** \_\_\_\_\_  
\_\_\_\_\_  
(Minimum 15yrs.)  
**Transport Required** \_\_\_\_\_  
**Phone No:** \_\_\_\_\_  
**e-mail** \_\_\_\_\_ **UKA Registration No:** \_\_\_\_\_

**CLUB (UK ATHLETICS affiliated) or UNATTACHED**

I am medically fit and understand that I enter at my own risk and that the organisers shall not be held responsible for any accident, injury, loss or damage as a consequence of my participation in this event. I confirm that I am an amateur as defined by UK Athletics rules.

**RYDE HARRIERS** Signed: \_\_\_\_\_ Date: \_\_\_\_\_